

These prompts are designed to be flexible and can be adapted based on the specific dynamics of the mentor-mentee relationship. The goal is to encourage open dialogue, mutual learning, and a supportive partnership that benefits both parties.

Getting to Know Each Other	<ol style="list-style-type: none"> 1. What inspired you to pursue your current career path? 2. Can you share a pivotal moment in your career or life that has led you to where you are today? 3. What are some hobbies or interests you have outside of work?
Setting Goals and Expectations	<ol style="list-style-type: none"> 1. What are your short-term and long-term career goals? 2. How do you prefer to receive feedback? 3. What are your expectations from this mentorship relationship?
Skills and Development	<ol style="list-style-type: none"> 1. What skills are you looking to develop through this mentorship? 2. Can you identify any areas for improvement that you believe will enhance your professional growth? 3. How do you stay updated with industry trends and continue learning in your field?
Overcoming Challenges	<ol style="list-style-type: none"> 1. Can you describe a significant challenge you've faced in your career? How did you overcome it? 2. How do you approach problem-solving in difficult or stressful situations? 3. Have you ever experienced failure? What did you learn from it?
Career Advancement	<ol style="list-style-type: none"> 1. What does success look like to you in your current role or future career aspirations? 2. Are there any specific projects or roles you aspire to take on? 3. How do you plan to expand your professional network?

Work-Life Balance	<ol style="list-style-type: none">1. How do you manage work-life balance, and what challenges do you face in doing so?2. Can you share any strategies or practices that help you maintain well-being and productivity?
Reflection and Feedback	<ol style="list-style-type: none">1. What has been the most valuable piece of advice you've received in your career?2. How can I (as your mentor/mentee) support you better?3. What are some accomplishments or progress you've made that you're proud of?
Looking Forward	<ol style="list-style-type: none">1. What are the next steps you plan to take towards achieving your goals?2. How can we measure the success of our mentorship relationship?3. Is there anything new you'd like to learn or explore in our upcoming meetings?
Personal Development	<ol style="list-style-type: none">1. How do you approach personal development outside of your professional life?2. What books, podcasts, or resources have you found impactful in your personal or professional growth?