

These icebreakers are designed to be flexible and can be adapted to suit the tone and flow of the mentorship session. They are great tools for building a strong foundation for the mentor-mentee relationship, encouraging openness, and facilitating meaningful conversations right from the start.

10 Things in Common		
Objective: Find common interests or experiences.		How to Play: Both mentor and mentee list out things about themselves on a piece of paper or verbally, aiming to find at least 10 things they have in common. This can range from hobbies, favourite foods, places visited, or professional interests.
Two-Minute Life Story		
Objective: Share personal backgrounds quickly.		How to Play: Each person takes two minutes to share their life story with as much detail as they feel comfortable sharing. This can help highlight key experiences that have shaped them.
Dream Dinner Guest		
Objective: Learn about each other's interests and values.		How to Play: Each person shares who their dream dinner guest would be and why. This can be anyone from history, a celebrity, a family member, or a fictional character.
First Job Comparison		
Objective: Share and reflect on early work experiences.		How to Play: Both participants share stories about their first job and what they learned from the experience. This can lead to insights into work ethic, career evolution, and personal growth.
Three Wishes Exercise		
Objective: Explore aspirations and desires.		How to Play: Each person shares what they would wish for if they had three wishes. This can be a fun way to learn about each other's deeper wishes and motivations.

Bucket List Sharing	
Objective: Discuss personal goals and aspirations.	How to Play: Each person shares three things on their bucket list. This can open up a conversation about personal ambitions, dreams, and the steps needed to achieve them.
"If You Could" Questions	
Objective: Spark imagination and learn about preferences.	How to Play: Take turns asking "If you could" questions, such as "If you could visit any country, where would you go?" or "If you could learn any skill instantly, what would it be?" This activity is great for understanding each other's desires and curiosities.
Personal Values Discussion	
Objective: Understand each other's core values.	How to Play: Each person shares their top three personal values and explains why they hold significance. This can lead to a deep and meaningful conversation about what drives and motivates each person.
Favourite Failure	
Objective: Share learning experiences from past failures.	How to Play: Each person talks about a failure they experienced and what they learned from it. This helps normalise failure as part of the learning and growth process and can build trust.
The Best Advice	
Objective: Share wisdom and learn from each other's experiences.	How to Play: Each person shares the best piece of advice they've ever received and a story about how it impacted their life. This can provide valuable insights and foster a mentorship culture of learning from others.